



**Dr. Julie Varughese**  
Chief Medical Officer and Technical Unit Vice President



As chief medical officer and vice president of Americares technical unit, Dr. Julie Varughese is responsible for increasing access to quality medicine for low-income and uninsured patients worldwide. One of the world's leading global nonprofit providers of donated medicine and medical supplies, Americares distributes more than \$1 billion in medicine and supplies to an average of 85 countries each year.

Dr. Varughese shapes health programs to enhance patient care, provides medical oversight and reviews offers of donated products from over 200 pharmaceutical and medical supply companies, ensuring the contributed items are used safely and effectively by Americares health care partners around the globe.

In her role as vice president of Americares technical unit, Dr. Varughese leads a team of experts who provide guidance in areas such as monitoring and evaluation, mental health and infection prevention and control. She also oversees Americares response to the COVID-19 pandemic, which includes supporting health workers in 46 countries with over 17 million protective supplies and training for over 46,000 participants in infection prevention, outbreak preparedness and coping with stress and trauma.

Since joining Americares in 2015, Dr. Varughese has traveled to Cambodia, El Salvador, Haiti, India and Tanzania to implement life-changing health programs and deliver quality medicine and medical supplies. Previously, Dr. Varughese served as a clinical infectious disease attending at Norwalk Medical Group and Norwalk Hospital in Connecticut and worked in Norwalk Community Health Center's HIV clinic. Dr. Varughese has participated in medical missions to India and South Africa, researched

breastfeeding practices and infant health in Ecuador and worked in primary care and school-based health education in Guatemala.

Board certified in infectious disease, internal medicine and pediatrics, Dr. Varughese earned a bachelor's degree in biochemistry from Knox College in Galesburg, Ill., and a medical degree from Rush University in Chicago, Ill., where she completed her residency training. She also completed an infectious disease fellowship at the Albert Einstein College of Medicine in Bronx, N.Y.