

VITAL SIGNS

Stories of Health and Hope from Around the World



Resident Sireta receives a primary care home visit at no cost in Haiti through the mobile home health visits project supported by Americares.

Saving Lives in Remote Haitian Communities

For families in remote villages in southern Haiti, seeing a doctor can be extremely difficult—often requiring long travel, high transportation costs, and navigating the threat of violence near Port-au-Prince. These barriers make medical care difficult even in the best of times.

And when a disaster like Hurricane Melissa strikes, accessing critical medical services becomes even more challenging.

With your help, Americares works with a local partner to deliver care directly to families who need it most. Twice each week, a doctor uses a

motorcycle to bring medicines and health services to patients like Sireta, who needs blood pressure medicine to stay healthy. “I am very happy,” Sireta says. “It’s like God has come down from heaven.”

Americares also helps the community of Pestel prepare for the next disaster with improvements like solar power systems to keep electricity running and medicines refrigerated during disasters like Hurricane Melissa—which further strained already-fragile health systems. And immediately after the storm, we partnered with Haiti’s Ministry of Health to supply health

Continued on page 3



IMPROVING HEALTH



PROVIDING MEDICINE



RESPONDING TO DISASTERS

Compassion in Action in Ukraine

More than four years into the war in Ukraine, the human toll remains staggering. Over one million Ukrainian lives have been lost, more than 10 million more have been displaced and an estimated \$63 billion in health, electricity, water and heating infrastructure has been destroyed. For families across the country, the crisis is not a moment in time but an ongoing reality.



Uri* has received comprehensive medical and psychosocial support from partner Tableotchki following his cancer diagnosis and successfully completed the main phase of his treatment.

Dedicated supporters like you have enabled AmeriCares to provide critical assistance since the beginning of the conflict, working with local partners to deliver \$154 million in aid, including more than 200 shipments of medicine and relief supplies. Your generosity also fuels counseling and other vital services to humanitarian aid workers, teachers, military families, children with cancer and other vulnerable individuals.

Your commitment has a huge impact on children like Uri*, who was diagnosed with cancer soon after his family lost their home in the occupied Donetsk region and his mother died, leaving his father to care for him and his sister.

With your support, AmeriCares has stood by Ivan and his family throughout his ordeal, providing comprehensive medical and psychosocial support. Recently, Uri successfully completed the main phase of his treatment—one of the many heartwarming stories you've helped make possible amidst the terrible suffering of war in Ukraine. ❤️

*Name changed to protect privacy and safety.



Christine Squires (left) stands with Veronica Taylor, Director of Villa Medical Clinic in Jamaica.

Letter from the CEO

Recently, I traveled to Jamaica to witness firsthand the destruction inflicted on the island by Hurricane Melissa on October 28, 2025—and the ongoing AmeriCares recovery work fueled by humanitarians like you.

Walking through Falmouth Hospital in Trelawny Parish, I saw unbelievable destruction from the Category 5 storm, including roofs ripped away from buildings, ruined equipment and infrastructure and extensive floodwater damage throughout the complex.

Amazingly, the hospital staff never left, even as their own homes were damaged or destroyed, staying to care for patients through unimaginable conditions—a powerful reminder that local health workers are at the heart of disaster recovery.

You honor their courage and commitment by enabling AmeriCares to work alongside local partners to repair Falmouth Hospital and other medical facilities in Jamaica, ensuring that they can continue delivering care when their communities need it most.

I am humbled by your generous support, and I cannot thank you enough.

Christine Squires, President and CEO

Rebuilding Lives and Communities After Hurricane Helene

After making landfall as a powerful Category 4 storm on Sept. 26, 2024, Hurricane Helene ripped through the Southeast U.S., leaving death and destruction in its wake.

With your help, AmeriCares was on the ground immediately, working closely with local partners and providing medicine and relief supplies. Today, AmeriCares is still helping survivors like Hannah rebuild their health and stability.

Hannah's family home was destroyed in the hurricane. "We ended up grabbing a trash bag full of clothes, a few pictures, and we waited six hours in our basement watching the floodwater rise until we could finally get out," she remembers. "We lost everything."

We caught up with Hannah about a year after the disaster as part of AmeriCares continued efforts to support communities recovering and rebuilding. Today, she works as a peer educator at the AmeriCares-supported Mountain Community Health Partnerships—where she and her family received therapy

services to cope with the trauma they experienced—helping her neighbors on their own paths to recovery.

A year and a half after Hurricane Helene, support from AmeriCares donors like you continues to help survivors like Hannah rebuild their lives and their communities. ❤️



Hannah stands in front of her damaged home in North Carolina.



A family who benefits from mobile health visits in rural Haiti.

(Saving Lives in Haiti continued from pg 1)

facilities with essential medicines and hygiene kits to support improved sanitation practices and prevent disease.

Your commitment makes a life-changing difference for people like Buna, who needs regular medical care to manage his high blood pressure and diabetes. Before an AmeriCares mobile clinic began visiting his community, he had to pay for costly motorcycle rides to reach the nearest health center.

"Thank you so much to AmeriCares for coming to this area that's so difficult to access, where you have to cross mountains to get here," Buna says.

Through times of crisis and every day, your support of AmeriCares helps deliver essential health care to people like Sireta and Buna around the world. ❤️

Make a Lifesaving Gift with a Donor-Advised Fund Today

When emergencies happen, quick funding is critical. And if you have established a Donor-Advised Fund (DAF), you can disburse funds and make lifesaving gifts with immediate impact.

A DAF is a personal charitable giving account, and it's one of the easiest and most tax-advantageous ways to support AmeriCares. Giving through your DAF enables AmeriCares to respond quickly in moments of disaster because funds are already set aside for charitable use and can be put to work right away.

Visit americares.org/DAF today to learn more or to make a grant recommendation through your existing DAF.



Give Today to TRIPLE Your Impact!

The **AmeriCares Spring Matching Gift Drive** is now underway.

Any tax-deductible donation you give will be matched 3-to-1, making your support go three times as far—enabling AmeriCares to deliver more medicines and supplies where they're needed most ... helping more communities rebuild after disasters ... and improving infrastructure and preparedness to build resilience in more vulnerable populations.

Please use the enclosed form and envelope to send your lifesaving gift today or donate online now at americares.org/SpringNews26. ❤️



Scan here to give now!



88 Hamilton Avenue
Stamford, CT 06902
203.658.9500 | 1.800.486.HELP
americares.org

AmeriCares is a health-focused relief and development organization that helps people affected by poverty or disaster with life-changing health programs, medicine and medical supplies.

AmeriCares RISE Members

RISE (Rapid Impact and Support for Emergencies) members provide funding that enables AmeriCares to respond swiftly and effectively to global emergencies.

- Adyen
- Amneal Pharmaceuticals LLC
- AstraZeneca
- Baxter Foundation
- Boehringer Ingelheim Cares Foundation
- Booking Holdings
- Bridgemill Foundation
- Cencora
- Elevance Health Foundation
- Envestnet
- Johnson & Johnson Foundation
- Las Vegas Sands Corp.
- Medtronic
- Northrop Grumman Foundation
- Novartis
- Odyssey
- Olympus
- Patagonia
- PVH
- Teleflex
- Vertex
- Voya
- Xylem