

You Are Helping People in the U.S.



Louisiana

“If it wasn’t for the clinic, they’d have to bury us in the backyard. There’s no way we could afford health care,” says Ricky, a farm worker in Eunice, Louisiana.

Employed but uninsured, Ricky and his wife Caroline depend on the Eunice Community Health Center for health screenings and medicine. Americares has supported the free clinic with more than \$4.5 million in medicine and medical supplies over the last 12 years.

Caroline receives health screenings and five medications at the Eunice clinic at no cost; the medicines manage her high blood pressure, high cholesterol



and diabetes, while Ricky gets most of his prescriptions filled free through pharmaceutical company patient assistance programs.

The Eunice health center is one of 1,000 clinics across the U.S. supported by Americares U.S. Program with life-changing health programs, medicine and medical supplies. Americares network serves low-income uninsured and underinsured patients, for whom high co-pays and deductibles are unaffordable. Across the U.S., Americares donated enough medicine for 2.6 million prescriptions last year and made it possible for 136,000 patients like Ricky to receive medicine for free through assistance programs. Americares also helps clinics reduce the risk of diseases such as diabetes in their patients—investments that will pay off in evidence-based programs, as well as improved patient health.

The Eunice clinic receives support from the local community, as well as Americares: There are many fundraisers and the clinic is staffed by both volunteers and paid medical professionals. “We donate to the clinic, too, when we have extra,” says Ricky. “They need to keep this place open. If it closed, they’d have people dying.”

Employed but uninsured, Ricky and Caroline depend on their local free clinic (top and above). After Hurricane Matthew hit Haiti, Americares restored health services for survivors, including Elizabeth (right). See a news report on the Haiti response americares.org/matthew-msnbc

“My Family and I Are Really in Need of Help”

Months after Hurricane Matthew devastated southwest Haiti, Elizabeth* and her parents still live in the ruins of their home; when it rains, they hurry to the public market for shelter. “As a survivor I say to whoever is listening, please help us, because my family and I are really in need of help,” says the 19-year-old.

When Elizabeth fell ill in December, she didn’t have to go far to find the help she needed—an Americares mobile medical team brought doctors, nurses and critical medicine to her town near Roche a Bateau. In the four months after the hurricane, Americares mobile teams treated 26,000 survivors like Elizabeth, setting up in damaged clinics and remote communities cut off by storm-wrecked roads. Americares 17 shipments of medicine and supplies are also helping Haitian health organizations prevent and treat cholera, while more than 40 volunteer medical teams have used Americares medicine and supplies to provide primary and emergency health services for survivors.

**name changed*



Photo by Nadia Todres

From the President and CEO



Dear Friends,

Everywhere AmeriCares works, we are helping people care for their neighbors in need.

In Nepal, AmeriCares is supporting the rebuilding of 13 health facilities damaged or destroyed by the 2015 earthquake. Every rebuilt clinic or hospital will be staffed by local health workers and volunteers; it is their investment, too. In one remote community, neighbors joined together to dig a road leading to the new clinic. I'm proud AmeriCares is working alongside these Nepalese villagers to restore health services in their community.

And in Eunice, Louisiana, as in hundreds of communities across the U.S., neighbors come together many times a year to keep their local free clinic open, raising funds with raffles, dinners and road races. AmeriCares has provided the Eunice Community Health Center with nearly \$5 million in medicine and critical medical supplies over the past 12 years, including lifesaving cardiovascular and diabetes medicine. We are proud to partner with the Eunice community to support the health of their neighbors.

I imagine you support AmeriCares because, like me, you care about your neighbors near and far and want to ensure they have access to a thriving local health center. And in thousands of communities—in 93 countries last year—AmeriCares is making that happen, thanks to your support.

Thank you,

Michael J. Nyenhuis
President and CEO

Now Earthquake Survivors Have Hope

Anamika will never forget April 25, 2015: That was the day her husband died in the magnitude 7.8 earthquake that rocked Nepal. Anamika began drinking alcohol every day to escape the stress. When a mental health program supported by AmeriCares came to her town, Anamika learned other ways to cope. "By watching this, I feel relieved," she says.

The event Anamika attended was part of a mental health program AmeriCares designed for Nepal earthquake survivors. AmeriCares experts worked with local health workers to dramatize how stress from the disaster might appear, including domestic and alcohol abuse, depression and even suicide. Community health volunteers also learned to reduce their own job and personal stress.

In the first year, more than 217,000 people in 176 communities attended the street theater productions. Afterwards, some survivors sought mental health care in hospitals; others, like Anamika, recognized resources around them, such as neighbors and family. In Kavre, one viewer remarked with sadness, "If this theater had been performed one month ago, maybe my friend wouldn't have committed suicide."



AmeriCares mental health program shows earthquake survivors how to recognize dangerous—even deadly—signs of stress. See a video from Nepal americares.org/helpNepal

"There's No Way I Can Thank You Enough"

Alberto* is a rough and tumble 15-month-old who likes trucks and cows, but his life hasn't been all play. Alberto was born with clefts, or splits, in his lip and the roof of his mouth that hindered his breathing, eating and speech development. When Alberto's mother heard that a group of U.S. surgeons visiting her hometown of San Salvador, El Salvador, could fix both conditions at no cost, she was filled with hope for her son.

Using critical medicine and surgical supplies donated by AmeriCares, the Global Smile Foundation team repaired Alberto's cleft lip when he was 3 months old. Then a year later, in January 2017, they returned and closed the little boy's cleft palate. Alberto was one of 29 children helped on the team's January visit. Because the team returns to this and other locations year after year, they can provide quality follow-up care. AmeriCares has supported Global Smile's missions for 26 years, with \$2.5 million in medicine and supplies for surgeries like Alberto's in Ecuador, Guatemala, Lebanon, Senegal and other countries. "Without AmeriCares donations the cost of each trip would be prohibitive," says Global Smile President Dr. Usama Hamdan. "With AmeriCares help, we provide medication and supplies identical to those used in the U.S."



Alberto faces a healthier future after two surgeries supported by AmeriCares.

"There's no way I can thank you enough," says Alberto's mother Jilma. "God has put you in our path to help us."

* name changed

Partner in Profile: Sandoz

After Hurricane Matthew tore through southwest Haiti, people were left with little—homes and crops were destroyed. Survivors with high blood pressure had an additional worry: a lack of medicine to treat their hypertension. By donating hypertension medicine to AmeriCares Haiti response, generic pharmaceutical and biosimilar company Sandoz helped survivors maintain their health during a crisis.



Sandoz has supported AmeriCares since 1989; over the years, Sandoz and parent company Novartis have donated more than \$230 million worth of medicine to AmeriCares. In 2016, Sandoz pledged to donate up to \$10 million worth of high-quality generic medicines to AmeriCares each year, expanding AmeriCares ability to provide essential medications to partner hospitals and health clinics in over 90 countries. The initial donation will include more than 25 Sandoz products for treatment of infections, cardiovascular conditions, eye care, skin conditions and musculoskeletal pain.



Photo by Nadia Todres

Health is one less worry for hurricane survivors in Haiti, thanks to medicine Sandoz's donations of medicine and AmeriCares emergency response.

communities across the globe," says Dr. E. Anne Peterson, AmeriCares senior vice president of global programs.

Since Sandoz began working with AmeriCares, its donations have supported emergency responses in El Salvador, Haiti and the United States as well as ongoing programs in 40 countries, including the Dominican Republic, Honduras and Guatemala.

Sandoz is committed to driving global access to medicines, medical information and medical capacity through a range of programs specifically targeting those most in need, including philanthropy, zero-profit and social ventures.

"Our mission is to discover new ways to improve and extend people's lives," says Peter Goldschmidt, President of Sandoz US and Head of North America. "Our corporate responsibility programs are an important part of how we help people around the world access high-quality medicine."

"Sandoz donations and commitment help us prepare for emergencies and also fuel our ongoing programs that improve health in

Health Centers Built Back Better

On Christmas Day 2016, a typhoon swept the central Philippines with 115 mile-per-hour winds, leaving 13 people dead and more than 40,000 families homeless and damaging hospitals and local health centers. AmeriCares emergency response team provided essential health and hygiene kits to survivors.

Last year, AmeriCares work in the Philippines included reconstruction and repair of 83 health facilities damaged by typhoons. Each was build back better to withstand the typhoons and floods that put Filipinos health at risk several times a year.



AmeriCares emergency response team assesses damages at a rural health center after a Christmas Day storm.

Save Lives Every Day



AmeriCares rushed aid to Indonesia after the deadly tsunami 13 years ago.

When the deadly tsunami hit Indonesia in 2004, Elizabeth Frazey felt the impact of the disaster personally. "I had lived in Asia and had walked those beaches; my friends had family that were affected," she says. Frazey looked for a charity that was responding and was impressed by AmeriCares speed, logistics and excellent reputation. She has been a supporter ever since.

An executive in the software industry, Frazey also appreciates AmeriCares efficiency. "AmeriCares is everywhere in the world—Johnny-on-the-spot—and uses local contractors—people who are right there, right now, ready to go," she says.

To make things easier for herself and the organization, Frazey became a monthly sustaining donor. "I don't have to remember to make a donation; it's automatic," says the Virginia resident. "And from a budgeting perspective, the organization can plan and forecast."

There's a simple philosophy behind Frazey's giving: "Now is the right time," she says. "If you're moved by the plight of someone and you can help, do it now."

For more information on becoming a sustaining donor, contact Planned Gift Office at AmeriCares: 203.658.9500.

Your Caring Helped People in 60 Countries in Three Months

With your help, between October 1 and December 31, AmeriCares provided life-changing health programs, medicine and medical supplies to the following countries:

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|-------------|--------------------|-------------|------------------|-------------------------|-------------|---------------|
| Afghanistan | Colombia | Guatemala | Kenya | Mexico | Peru | Tanzania |
| Armenia | Dominican Republic | Guyana | Kitting | Myanmar | Philippines | Thailand |
| Bangladesh | Ecuador | Haiti | Kosovo | Nepal | Puerto Rico | Togo |
| Belize | Egypt | Honduras | Laos | Nicaragua | Romania | Turkey |
| Benin | El Salvador | India | Lebanon | Nigeria | Rwanda | Uganda |
| Bolivia | Fiji | Indonesia | Liberia | Palestinian Territories | Senegal | United States |
| Brazil | Ghana | Ivory Coast | Madagascar | Panama | Somalia | Uzbekistan |
| Cambodia | Grenada | Jamaica | Mali | Paraguay | St. Lucia | Vietnam |
| Cameroon | | Jordan | Marshall Islands | | Syria | |



Liberia

Liberia: This patient receives the medicine she needs for free after a consultation with a doctor at Zondo Clinic, which opened and operates with support from AmeriCares.

United States: The low-income uninsured in Stamford, Conn., have a medical home: AmeriCares Free Clinic of Stamford. A mobile clinic served patients for three years; doors opened on a permanent facility in January.



India

India: AmeriCares community health workers educate families in Mumbai about hepatitis B, providing testing and treatment when needed. Left untreated, the infection can cause chronic liver disease.

Sierra Leone: To improve the safety of patients and health workers at Mattru Hospital, AmeriCares trained staff, installed handwashing stations in all the wards and provided a three-year supply of personal protective gear.



United States

Annual Emergency Response Partners

These organizations support AmeriCares year-round readiness for global emergencies:

- Alexion Pharmaceuticals, Inc.
- Anthem Foundation
- The Boeing Company
- Chevron
- Medtronic
- MoneyGram Foundation
- Northrop Grumman
- OdysseyRe Foundation
- Patagonia
- Southwest Airlines
- S&P Global
- Vanech Family Foundation
- Voya Financial
- Anonymous



Sierra Leone



AmeriCares is a health-focused relief and development organization that responds to people affected by poverty or disaster with life-changing health programs, medicine and medical supplies.

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