

Some of the People You Have Helped This Year

Your donation to AmeriCares has improved the health of people around the world this year — mothers, children, parents and grandparents. With your support, AmeriCares has created a foundation of health upon which people can build their futures. Our global health programs bring lasting change and, with emergency medicine and medical supplies, AmeriCares improves health immediately.



Learn More Inside:

- Medicine, Supplies Rushed to South Carolina Flood Zone
- New Program Helps Patients With a Mental Illness
- Guaranteeing Preschoolers a Healthy Start

Smiles from people you've helped – in Guatemala, Vietnam (top row); India, U.S., Haiti, El Salvador (second row); Nicaragua, India, Liberia, El Salvador (third row); Nepal, Nepal, Nicaragua (fourth row). All photos by AmeriCares, except: U.S. and Nepal by Matt McDermott and fourth row Nicaragua by Chet Gordon.

From the President and CEO



Dear Friends,

As the year draws to a close, we take the time to look back at what we have accomplished and I am proud to say that, with your support, AmeriCares has improved the health of people in 94 countries.

Some of our work has been in response to enormous disasters: AmeriCares airlifted critical medicine and supplies after the Nepal earthquake in April. And we have also responded to emergencies that barely make the news, such as the typhoon that struck Saipan in August, sending hundreds of injured survivors to the island's only hospital. We flew in medicine and a medical team to augment overburdened staff. One health official told me, "You came to the rescue."

Our improvements will change lives for years to come. Within 10 days after we completed work on a maternity clinic in Buchanan, Liberia's third largest city, three healthy babies had been born safely there.

Behind every achievement is a donor's desire to make a difference. Your continued support allows us to respond to disasters, help communities recover and transform the lives of people in need.

With deepest gratitude for all that you do,

Michael J. Nyenhuis
President and CEO

After U.S. Floods, "An Amazing Thing"

AmeriCares rushed emergency medicine and relief supplies to South Carolina for families affected by the historic flooding that closed highways and submerged communities in October.

"People had to leave their homes in a hurry and left their medication behind, so we are replacing those meds with the donations from AmeriCares," says Elizabeth Carroll, operations manager of Sumpter Free Health Clinic, which serves rural, low-income communities in St. Stephen. "For us here, where it is so poor and there are limited resources, it was an amazing thing."

AmeriCares delivered insulin, tetanus vaccine, pain relievers, cleaning supplies, towels, blankets and family emergency kits. We also worked with Nestlé Waters North America to deliver bottled water to communities with boil-water advisories and helped the clinic meet the surge in demand in the weeks after the storm. The supplies from AmeriCares were essential for families sleeping in a church and community center because their homes had flooded to the rooflines.

"We were able to get help to people no one else had been able to get to," Carroll says.



Photo by Christopher Michael Bergen

With Your Help, a Healthy Start for Preschoolers

For 30,000 children in Vietnam, the future is brighter thanks to a nutrition program that AmeriCares has brought to rural villages.

According to the UN's Standing Committee on Nutrition, malnutrition is the largest single contributor to disease in the world. Malnourished children are also at high risk for stunted growth and poor brain development.

In 2005, AmeriCares began partnering with Giao Diem, Abbott and the Abbott Fund to provide underweight students in rural Vietnam with breakfast, vitamins, nutritional supplements and locally produced, peanut-fortified soymilk. The program also holds educational seminars about basic health and nutrition for parents and school staff.

In ten years, the program has reached 30,000 children and has reduced the percentage of malnourished students from 41 percent to just 20 percent. In the 2015-2016 academic year alone, the program is helping more than 3,000 children in three provinces.



"Our work with Giao Diem, Abbott and the Abbott Fund is a great example of what a longstanding partnership can accomplish," says Elikem Tomety Archer, senior director of global programs. "Through the Pediatric Nutrition Program, we've been able to make a positive impact on the lives of thousands of children and their families."

Neighbors pitched in to distribute water after AmeriCares emergency shipment to flooded communities in South Carolina (top). Mealtime is nutritious for preschoolers in Vietnam thanks to AmeriCares nutrition program.

Partner in Profile: Chevron

When Ebola threatened Bonthe, Sierra Leone, the tiny island had few defenses — just two under-resourced hospitals. But AmeriCares and Chevron brought in infection prevention and control training for all clinic staff and soon all 700 health workers and nursing staff had the skills they needed to keep themselves and their patients safe.



This critical emergency safety training is just one part of Chevron's support for AmeriCares global health programs. Over the last 25 years, Chevron has partnered with AmeriCares to deliver medicine to countries recovering from disasters.

Much of the global energy company's support has strengthened health systems in low-resource communities. Before Ebola struck, Chevron helped AmeriCares establish partnerships with local health providers in Sierra Leone and Liberia. During the crisis, AmeriCares worked with those health providers to provide critical, lifesaving safety supplies and medicines.

Chevron is also a member of AmeriCares Annual Emergency Response Partner (AERP) Program, providing multiyear financial support to build AmeriCares emergency response

capability in advance of disaster events — making the company a participant in every disaster response AmeriCares launches.

“We understand that our success depends on social progress in the communities where we operate,” says Dr. Huma Abbasi, General Manager, Chevron Global Health and Medical. “Our partnership with and support of AmeriCares helps us meet our goal of making sustainable health improvements and bringing socioeconomic development to local communities.”



Medicine Will Be One Less Worry

The last thing you want to worry about when you are sick is the cost of medicine. That's true when a person has bronchitis and also when someone is suffering from depression or anxiety.

To make medicine one less worry for the one in every five adults in the U.S. that experiences a form of mental illness every year, AmeriCares is expanding access to care for low-income patients with a mental illness by donating medications to treatment facilities across the United States.

We plan to support 175 clinics providing mental health care with at least \$40 million worth of high-quality medicine over the next three years, including medication to treat depression, anxiety, bipolar disorder and schizophrenia. AstraZeneca helped launch the program with a generous donation.

In San Antonio, Texas, the Center for Health Care Services has 35,000 clients, many of whom struggle with a mental illness and substance abuse. Administrator Christi Garfield says the Center's 20 clinics can't provide all the medicine their clients need, even after spending millions each year. “This gives them the right medication — not just the best-we-can-do treatment,” says Garfield. Medication is just one part of the comprehensive services the center offers.

“Our targeted donations will improve the quality of care, expand treatment options and reduce costs for patients,” says AmeriCares President and CEO Michael J. Nyenhuis.



Patients and staff are safer in Sierra Leone after infection control training from AmeriCares (top). Donations of medicine will help behavioral health centers in the U.S. serve patients (above). Author Joel Stratte-McClure included AmeriCares in his estate plan (top right).

Plan a Gift, Leave a Legacy

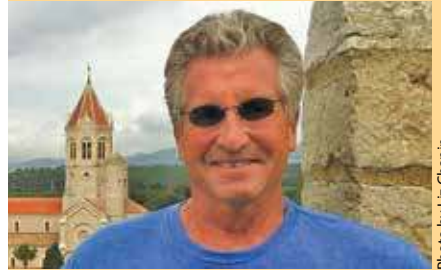


Photo by Liz Chapin

Author Joel Stratte-McClure likes to combine hiking, history, philosophy and storytelling. A former journalist, he's merged his interests by embarking on a 20-year walk around the Mediterranean Sea (through 13 countries so far) and writing a trilogy of books about it.

Stratte-McClure initially learned about AmeriCares almost 30 years ago when his neighbor in the south of France, the sister of AmeriCares founder Bob Macauley, told him stories of the organization's activities. That led Stratte-McClure's daughter Sonia to volunteer for AmeriCares, which deepened the family's understanding of the emergency and global health organization.

“I've seen my share of disasters in my career,” says Stratte-McClure, “and I was impressed then, as I am now, with AmeriCares impact and low-overhead.”

Stratte-McClure makes regular contributions to AmeriCares and has also included us in his estate plan. He recently took advantage of AmeriCares matching program for legacy commitments, which matches a portion of his future gift immediately. “It's very smart,” he says. “AmeriCares benefits right away.”

Giving is important to the California resident. “I believe in the philosophy that if I help others, I am helping myself,” he says.

For more information on the benefits of gift planning, contact Malaine Miller at AmeriCares: 203.658.9634 or mmiller@americares.org

Your Donations at Work in 72 Countries With your help, between July 1 and September 30, 2015, AmeriCares sent medicine, medical supplies and project support to the following countries:

- | | | | | | | |
|-------------|--------------------|-----------|------------|-------------------------|-----------------|---------------|
| Afghanistan | Dominican Republic | Grenada | Laos | Nicaragua | Philippines | Togo |
| Armenia | Ecuador | Guatemala | Lebanon | Niger | Romania | Trinidad |
| Bangladesh | El Salvador | Guyana | Liberia | Nigeria | Rwanda | Uganda |
| Belize | Ethiopia | Haiti | Malawi | North Korea | Samoa | United States |
| Bolivia | Fiji | Honduras | Malaysia | Pakistan | Senegal | Uzbekistan |
| Cambodia | Gabon | India | Mali | Palau | Sierra Leone | Venezuela |
| Cameroon | Georgia | Iraq | Mexico | Palestinian Territories | Solomon Islands | Vietnam |
| China | Ghana | Israel | Micronesia | Panama | Somalia | Yemen |
| Colombia | Greece | Jamaica | Mongolia | Paraguay | St. Lucia | Zambia |
| Dominica | | Jordan | Myanmar | Peru | Tanzania | Zimbabwe |
| | | Kenya | Nepal | | Thailand | |



India



Saipan

Saipan: After Category 4 Typhoon Soudelor devastated the U.S. commonwealth island of Saipan in August, hospitals were overwhelmed with injured survivors. AmeriCares brought in critical supplies, equipment, temporary medical staff and technical expertise.

India: AmeriCares is building a healthy generation at 83 schools in India with education programs that cover nutrition and hygiene. Students are encouraged to share what they learn with their families and neighbors.

El Salvador: To reduce risk and build disaster preparedness, AmeriCares trained residents in more than 250 communities in four countries. Here, community members work together in El Salvador, at risk for hurricanes, landslides and volcanic eruptions.



El Salvador



Philippines

Philippines: Last year, AmeriCares provided more than 1,000 teams of medical volunteers with critical medicine and supplies for their work in 84 countries, bringing quality care to an estimated 650,000 patients. In the Philippines, a volunteer received thanks from a grateful patient.


AmeriCares

AmeriCares is an emergency response and global health organization committed to saving lives and building healthier futures for people in crisis in the United States and around the world.

88 Hamilton Avenue, Stamford, CT 06902
 203.658.9500 | 1.800.486.HELP | americares.org
 Editor: Kathy Kukula, editor@americares.org

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